

EMOTE CONTROL – PART 9 – CULTIVATING GODLY EMOTIONS



JESUS IS OUR PATTERN FOR GODLY EMOTIONS

(Romans 8:29; Galatians 4:19; 1 John 2:5)

1) Jesus is our pattern for:

- a) True Devotion to God *(John 4:34; John 5:30; John 8:29)*
- b) Joy *(Luke 10:21; Hebrews 12:2)*
- c) Compassion *(Matthew 20:34; Mark 1:41; Mark 8:2; Luke 7:13; John 11:35; Colossians 3:12)*
- d) Love *(Romans 5:5; 1 John 4:7-11)*
- e) Emotional Balance *(Matthew 8:10; Mark 6:5-6; Mark 3:1-5)*

2) We _____ like what we _____

(Hebrews 3:1; Hebrews 12:2; 1 Peter 2:21; 2 Corinthians 3:18)

REFLECT

- *What would people say I am most devoted to and passionate about?*
- *Do I see Jesus as my standard for all of life? Why or why not.*
- *In what area have I recently experienced emotional inconsistency?*
- ***This week*** memorize and meditate on **2 Corinthians 3:18** and let the truth of how we are transformed by beholding Christ sink deep in to your soul.