

## EMOTE CONTROL – PART 3



*Genesis 1:26-27*

### PRE-FALL STATE OF MAN

**Mind** – could accurately perceive \_\_\_\_\_ and \_\_\_\_\_.

**Emotions** – responded \_\_\_\_\_ and \_\_\_\_\_.

**Will** – was properly \_\_\_\_\_ to do what was right.

### POST-FALL STATE OF MAN

**Mind** – is now totally \_\_\_\_\_. (*Romans 1:21,28; 8:6-7; Ephesians 4:17-18*)

**Will** – is now in \_\_\_\_\_. (*John 8:34; Romans 6:12*)

**Emotions** – are now out of \_\_\_\_\_. (*Jeremiah 17:9*)

### EMOTIONAL MISFIRES

- 1) Sinful behaviors, thoughts and attitudes can trigger negative emotions.
- 2) Negative emotions can trigger sinful behavior, thoughts and attitudes.
- 3) Physiological factors can trigger negative emotions.  
(*Psalm. 32:3-4; Psalm 38:1-3; Proverbs 14:30; Proverbs 17:22; 1 Kings 18:1 - 19:18*)

Some **negative manifestations** of emotional misfires:

Depression, anger, bitterness and resentment, hypersensitivity, fear, anxiety and worry, moodiness, cold-heartedness.

### REALIGNING OUR EMOTIONS

(*Ezekiel 26:36; Colossians 3:9-10; Galatians 5:22*)

When the redemptive process begins, the original image is being \_\_\_\_\_.

### REFLECT

- *What are some of the dominant, negative manifestations of emotions in my life?*
- *Have I developed an awareness of what are the causes of some of my emotional misfires?*
- *How is my physical health and how can that be adversely impacting my emotions?*