

R.E.A.P. Bible Study Method

- ① Using a sheet of paper or journal, write the date at the top and leave a space to write the title of your entry later.
- ② Following your Bible reading plan, read through the selected passages. Read with an open heart asking the Holy Spirit to direct you, encourage you, counsel you and bring correction if necessary. (2 Timothy 3:16)
- ③ Take some time reflecting and writing in your journal about what you have read.
 - Write down the key Scripture(s) that stuck out to you. <READ>
 - Write down thoughts on what you have read. <EXAMINE>
 - Write down how you are going to live out what you have read and how you will be different as a result. <APPLY>
 - Write out a short prayer based on your study time. <PRAY>
 - Write a title based on what you've written.

R READ

In order to read with impact:

- Read **Prayerfully** - ask God to illuminate the text.
- Read **Thoughtfully** - engage the text.
- Read **Meditatively** - marinate in the text.
- Read **Purposefully** - look for themes.
- Read **Imaginatively** - picture what is happening.
- Read **Systematically** - how does it fit in the big picture.

KEY> Who is writing? Who is the audience?

E EXAMINE

Proper examination is important so we don't misinterpret what we have read.

- **Observation - ASK:** What do I See?

Look for:

- Key phrases
- Emphasis
- Characters
- Connecting words (contrast, cause and effect)
- Impact (what got your attention?)

EXAMINE - continued

- **Interpretation - ASK:** What does this mean?

Look for:

- Content (words)
- Context (history, culture)

A APPLY

Application is about how we live out what we have read and studied. The goal is heart transformation not just information.

Nine Questions to ASK:

- 1) **Sin** to confess?
- 2) **Promise** to claim?
- 3) **Attitude** to change?
- 4) **Command** to obey?
- 5) **Example** to follow?
- 6) **Prayer** to pray?
- 7) **Error** to avoid?
- 8) **Truth** to believe?
- 9) **Something praiseworthy**?

Good application is:

- Specific** (not general)
- Achievable** (realistic)
- Measurable** (it will be clear if it is achieved or not)

P PRAY

Lasting change will only come through the power of the Holy Spirit. It is by grace alone that we will have our hearts transformed, not through the practice of the law. Prayer is the means by which the written word can work its way in to our hearts.

Pray through the Scripture passage your have studied.

For additional resources:
sentchurch.tv

